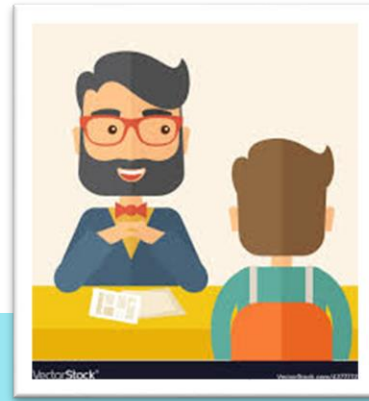


# Case Study:

## 1-2-1 Sessions



### Background

At Shaping Futures we pride ourselves on being able to offer tailored careers information, advice and guidance to target ward learners in our priority schools. This offer is popular since we are able to meet Gatsby Benchmarks 3 and 8 during the meeting, helping schools and colleges to fulfil their careers programme.

Each of our staff are qualified in CIAG and able to support learners in their decision-making process and making informed choices. We provide this service to learners from year 9 upwards and can have in-depth conversations regarding level 2+ qualifications, skills for further study and employment, careers, applications, interviews and transitions.

Over the course of the past academic year we have moved our 1-2-1 offer online, meeting via virtual platforms to provide IAG support to learners during their key decision-making milestones.

### Summary of Activity

In December, Shannen (Higher Education Progression Advisor) set up a number of 1-2-1 calls with students from Liverpool Life Sciences UTC who had applied for competitive courses such as Medicine, Veterinary, Nursing and Midwifery. Shannen helped these students to prepare by offering mock interviews plus supporting with decision making and the student finance application process. This type of guidance covers several aspects of our progression framework as students received information around interview skills, falling into our Skills to Succeed theme, alongside general higher education information (Know what HE is) and decision making (Making Informed Decisions).

Shannen also worked with students with additional needs at Calderstones School who were at key transitions in their education. These students needed some support preparing for their next stage, whether that was moving from school to a new Sixth Form or College, or leaving school altogether and going on to university. These sessions were delivered on consecutive weeks and each session ended by agreeing on an action plan. This included SMART targets to support learners with their independent research or goals. Over the course of the intervention learners built their confidence, understood how to access support and felt more prepared for their next steps.

In June Shannen spent 2 weeks offering virtual 1-2-1 conversations with Y9 students at West Derby. These students had just chosen their GCSE options. The purpose of the 1-2-1 conversation was to gauge the learners understanding of their post-16 options and to learn more about their interests and hobbies so that a programme of tailored support could be put together for the following academic year. Following these conversations a programme of activities from across our three themes (Know What HE is, Skills to Succeed and Making Informed Decisions) was created to provide the most impact based on learners current levels of knowledge.

## Outcome

Students, Parents and Teachers all expressed their gratitude for these 1-2-1 interventions. Teachers felt that their learners were more confident and empowered to make decisions and complete their next steps. Students who were completing applications or interviews felt more prepared to do these, and all were successful, gaining a place at their chosen institution.