

CAREERS – MYTH BUSTING!

Throughout your time in education you should make sure you make the best use of all of the career's information, advice and guidance that's available to you – they are the experts and can really support you to make the most of your skills, talents, interests and qualifications whilst also **EMPOWERING** you to take control of your future and get to where you want to be!

How can Career Planning help me?

Career planning can help you work through the following:

- ✓ Learn more about yourself
- ✓ Identify and explore your options
- ✓ Make informed decisions
- ✓ Put your ideas into **ACTION!**

I can't go and speak with a Careers Adviser as I don't know what I want to do yet.

FALSE! Qualified Careers Advisers are trained to help you explore your options, so they take time to try and help you move a bit further forward with your thinking. You will become **EMPOWERED** to take control of your own future!

I am supposed to know what my options are but I'm not sure.

FALSE! If you don't know then this is the time to find out! Careers Advisers will help you understand what your options are by finding out more about you, e.g. what do you like to do outside of learning, what are your favourite subjects at school, what grades are you expecting etc.

I have got lots of different ideas, how do I decide what's right for me?

There's no deadline to 'choose' a career! It's all about exploring them and finding out the facts – it's natural to think of many different jobs and careers so don't be frustrated with yourself for this.

I've heard things being mentioned but I'm not sure what they mean e.g. A Levels, BTECs, Apprenticeships, Degrees etc.

Always ask - If you are unsure what something means don't worry, the chances are all of the other students won't know either!

As well as a Careers Adviser being able to explain, there's lots of other ways you can find out such as online resources (look out for Careers Research on Day 2 of this week!).

When should I start to think about careers, shall I wait until after I get all of my results?

As early as possible! It good to think about what direction you may be going in and understand what type of career opportunities are out there, (or not out there!). You should not wait until you get your results (GCSE's or A Levels/BTECs)! You should plan in advance where possible.

If I am interested in a specific occupation, how can I find out more?

There are lots of great online resources to help you find out more about the jobs you are interested in, (try Day 3, Careers Research). You may know someone who has this job role already, you should ask them about it, how did they get their role, what qualifications did they have to get, what do they find challenging about it etc. Work experience is another way to see what working in the environment is like and seeing what people are doing in reality - be prepared for surprises!

If you have any questions, you can live chat a member of our team [here](#).

We'd love to know if you found this resource helpful, let us know [here](#).