

# Friends & Family Fun

by Faye at Shaping Futures

## Family fun - in a virtual world

At university students are encouraged to get involved with activities outside of their degree study. There's lots of extra-curricular activities accessible through their societies which often look to bring people together who share the same interests. Whilst employers want those recognised qualifications, they're also looking for graduates who can offer a range of skills, personal experiences and qualities to help further enhance their profile and give them the edge over other applicants! Getting involved could mean you make long lasting friendships and come together with people from completely different backgrounds to you.

Now might be a good time to think about getting a bit more creative with how you spend your time with family and friends. Just like students who will be social distancing you may want to try and bring people together in a way that has a purpose and outcome whilst hopefully lifting everyone's spirits.

## Virtual Film Night with Friends



Here are some more ideas to enjoy the file even more! [click to open the link]

[BBC Good Food guide to family film night.](#)

[18 Movie night snacks](#)

[Snack ideas for a family film night](#)

## Virtual Quizzing



Everyone seems to be doing this!

This is a great way to have something for you to look forward to - maybe you'll even get dressed up! It helps to give a bit of structure to your video call if you know you're there to battle against each other and is likely to be lots of fun, lifting everyone's spirits! Don't rule out the idea of involving older family members either - they are often the ones that provide the most laughs even if it's unintentional!



If you wanted to set one up yourself, do you know how to do this or where to start? Here's some ideas to help you get going [click the link on the right]. Get your date and time set and let the bat-

[How to run the best Zoom quiz](#)

[Create quizzes with Kahoot](#)

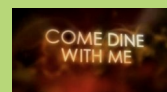
## Write someone a letter!



So, this may feel a bit like the most uncool thing to do but imagine sending this to your best friend or someone special - this will be so retro when the recipient finds this unexpectedly in years to come! You can make an agreement to send one to each other.

Alternatively, you may want to think about sending a supportive and uplifting letter or drawing to your local nursing home for their residents to read. (Check that they are accepting external post first)

## Play Come Dine With Me



Everyone hosts a night, everyone gives a score, the winner gets...

The satisfaction (and to choose the movie for Cinema Night!?)

*Check out Fridays session for some recipe ideas!*