

Transitions Blog (2) - Cherise Weaver

Advice and Preparation

Being organised was one of my biggest saviours. Preparation really is key, it impacts everything from how your day starts to how it ends.

I have to admit, I wasn't always organised and didn't realize how helpful it could be to time management. Before you start your day, make sure you know what you need, where to go, double check your timetable and put reminders on your phone. Double check you have the correct resources, books, pens, paper - the simple things. It'll really help manage any stress or anxiety!

Having everything in order gives you a head start. You can be confident in knowing you have everything you need to give your full focus and attention.

Try your best to plan ahead for mistakes - this could as simple as having two black pens instead of one in case it runs out or your mate needs one but sometimes in life, no matter how organised or careful we are, we can still make mistakes - that's just human nature! Don't be hard on yourself if you forget something or go to the wrong room. Believe us, we've *all* been there!

Today's task is to complete our "Student Checklist" - we've thought of everything you'll need so you don't have to!