

## Transitions Blog (4) – Cherise Weaver

### Practical Support

The best advice I have been given is *'fall down 9 times and get up 10'*.

Basically, never give up on yourself, your dreams or your aspirations.

Moving away from home to study or follow your passion is a big decision. It's really daunting and uncertain but will allow you to grow and develop in ways you can't even imagine.

Having a great mentor, teacher, advisor or a good support network will help you with your future decisions. I remember my nursery teacher encouraging me to sing and dance and I honestly believe to this day that is what really pushed me to go into performing arts. Later, when I was 16, I had an amazing dance tutor who supportive of my passion and encouraged me to pursue performing arts. That tutor taught me at University almost 10 years later.

The message here is you never know who could be an influence in your life. Being able to listen and take advice is a life skill in itself. Over time and throughout different transitions in our life and career we begin to understand that some of these people may have been integral with the advice, support, experience and wisdom that was on offer.

Today's resources are a blog from current university students and our advice to university 'Freshers'.

Read all about student's journeys and some great advice and guidance for your first week at university!