

Transitions Blog (5) - Cherise Weaver



Additional Support

One thing I did learn at University was to never be afraid to ask a question. My nickname at university was *Educating Rita* as I wasn't afraid to shout out!

Another great way to ensure you are getting the best experience is to speak to Student Support teams. If you have any questions, concerns or any issues you should use any of the services that are on offer!

Wherever and whenever you can get support - take it! If people are offering to support you it is because they want to see you succeed.

Each transition in your life will have different levels of support available. Everybody has to start somewhere and no one is born an expert, so whatever the challenge or hurdle you're facing, keep in the back of your mind is every successful person has had many doubts and failures. What kept them going was being able to brush themselves off pick themselves back up until they made the finish line.

Everyone will need some extra support at some point in their lives, there's no shame in getting support you deserve.

Check out today's resources - all about where to access support at School, College or Sixth Form and University.