

## TRANSITIONS - ADDITIONAL SUPPORT

### School

We've said it before but will say it again, every member of staff at your school is there to help and support you! Schools play an important role in providing a safe and supportive environment. All members of staff are trained in Safeguarding, which means they are dedicated to looking after you.

If you feel you need any advice or guidance – not just school related – you can talk to *any* member of staff. If you have any questions or concerns about your physical, mental, emotional or social wellbeing, your teachers will support you and point you in the right direction.

Your school will definitely have Safeguarding leads but could have wellbeing leads, mentors, advisors, pastoral staff and other key roles that are dedicated to supporting students outside of their studies. Speak to someone at school to find out more.

### College and Sixth Form

Every college and sixth form is different but all have teams of staff, who offer different types of support! Members of staff can support you with finance, careers advice, student support and wellbeing. Lots have learning support staff for students with any disabilities and additional needs.

At college there are usually so many courses to choose from! This means there are teams of experienced staff on hand to assist you at all times, no matter what subject you choose. Some colleges also offer online student support, wellbeing resources and other activities outside of college life.

All staff want students to succeed! College and Sixth Form encourage your independent learning style. They also ensure that students leave equipped with the skills and knowledge they need to become successful in their chosen career and future pathway.

### University

At any university, there is a team of people available to offer advice and support as and when you need it. Usually the team are called Student Services or Student Support. Everything you discuss is confidential! Student Services are your go-to people for:

- Managing student finance
- Finding accommodation
- Mature student support
- Bursaries, grants and hardship funds
- Counselling and accessing other wellbeing support
- Mentoring
- Disability support

You can find information about student services, inclusion teams, finance support and more on any university's website. You can begin to contact them directly now if you have any questions! If you are unsure about accessing support tell them about your circumstances before your course starts. Again, everything is confidential - you won't be asked to share any details you don't want to!

If you have any questions, you can live chat a member of our team [here](#).

We'd love to know if you found this resource helpful, let us know [here](#).